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# HOUSE & GARDEN

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– Keep it local for everything house and home –

IMAGE: JULIE PAUL INTERIORS



# AUTUMNAL INTERIOR INSPIRATION

Autumn is upon us and whether you are looking forward to sitting in front of the fire for the first time, dusting off your favourite jumper, enjoying the crunching of the fallen leaves whilst on a crisp morning walk, the autumn has something to get everyone inspired, especially within the home.

After a glorious summer like those of my childhood, when we were able to wear our linens without being too cold, we are now ready to embrace my favourite season of all... autumn. Preparing a house for autumn can be great fun. It's time to get the velvet cushions and wool throws, from the back of the cupboard and embrace their texture. Smarten up your entertaining spaces by giving them a lick of paint and with the environment being at the forefront of our thoughts, Edward Bulmer's eco-friendly natural paints, are a fantastic gift free option. With their imminent launch of 18 new colours, which will bring their range to nearing 90 colours, there are more than enough for everyone to select their favourites. Azurite, Plain White, Cerullian Blue and Nicaragua are my favourites and their coverage is superb. Perhaps you are thinking of

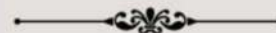
updating your dining area or guest bedroom, or even treating yourselves to a master bedroom makeover, the autumn is a great time to get inspired and think creatively about our homes.

One of the biggest changes that autumn brings, is that the light hours are getting shorter so it's time to think about your lighting. Firstly, discover the variety of lighting, I ask my clients the following questions; do you have enough lights? at varying heights? for varied uses? can you wrap yourself in a faux fur throw and read the latest thriller whilst sitting in front of a roaring fire? The trick is to have a combination of different lighting, table lamps, spot lights, walls lights, pendant lights and standard lamps scattered throughout your spaces so that you can fulfil activities in the home comfortably during those darker months. Just by changing and replacing some lamp shades, can give a room a different feel. Selecting a shade with a different texture, whether it's a colourful tartan, luxurious silk, a beautifully woven linen or cotton or an old-fashioned card, there is a lampshade to suit every taste. Do keep in mind that electrical lighting is not the only way to bring more light into your homes, it is just the most obvious one. I am often putting large mirrors into my clients' homes or sometimes a selection of smaller mirrors, opposite a window to allow the light to bounce and reflect back into the room. A log burner and or a hurricane vase with candle will also bring a glow of light and warmth to a room.

Julie Paul Interiors create beautifully designed yet functional spaces, which reflect those that live within. ■

To find out more please visit our website at [www.juliepaulinteriors.com](http://www.juliepaulinteriors.com) or contact Julie on [julie@juliepaulinteriors.com](mailto:julie@juliepaulinteriors.com), 07786 266790

“Just by changing and replacing some lamp shades, can give a room a different feel”





# Julie Paul Interiors



Seamonkey - Seychelles

## Julie Paul Interiors

Offers a flexible yet professional depth of experience and has delivered innovative design projects throughout the world. Completed projects range from family homes throughout the UK to "Pied à Terre's" in London and Paris, country retreats, including shooting lodges on the Isle of Wight, ski chalets in Switzerland to an award-winning villa in the Seychelles.

Having spent the last 15 years establishing strong relationships with a variety of craftsman, Julie is able to source and deliver beautifully bespoke interiors for clients.

We are a multidiscipline practice that offers a variety of services;

A full interior design solution for residential and commercial clients, UK and abroad.  
Soft furnishings service. Incorporating made to measure curtains, blinds and upholstery.

A bespoke house dressing service for new and existing homes.

A turn-key interiors service.

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